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Namo Tassa Bhagavato Arahato Sammasambuddhasa

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## Summary

For many centuries Dhamma Practitioners have understood the virtue in offering flowers to the Buddha, Dhamma and Sangha, Family and friends.

### The Ten blessings Arising From Flower Offerings

The Buddha taught that due to cause and effect there are ten blessings arising from the offering of flowers. By producing posies made from the flowers and greenery, our Members learn each for him/herself the 10 blessings that accrue from offering flowers:

These are:

1. Long Life
2. Good Health
3. Strength
4. Beauty
5. Wisdom
6. Ease along the Buddha Dhamma Path
7. Being born in beautiful environments
8. Born with good skin, hair and beautiful to look at
9. Always having a sweet-smelling body
10. Pleasant relationships with friends