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Surameraya Majjapamadatthana Veramani

The following is taken from the article "The Five Precepts - Panca Sila" by Maha Upasaka U Nu, published in "The Young Buddhist 1982", the journal of the Singapore Buddha-Yana Organisation (SBYO).

"The beneficial results of refraining from taking intoxicants":

The person who vigilantly and steadfastly observes this Surameraya Precept reaches the World of Devas on his death. When he expires in the world of Devas, and is reborn in the world of human beings, he is endowed with the following qualities:

1. being mindful of anything that is to be done at a given time;
2. being endowed with intelligence and intellectual powers;
3. being always alert at all times;
4. having initiative and enterprise to meet all coming events;
5. being industrious;
6. being free from deafness and dumbness
7. being free from madness;
8. being free from shocks and alarms
9. being free from oppression or restriction;
10. being free from a hateful attitude towards others;
11. being free from grudge and envy;
12. having always truthful speech;
13. being, free from rough and futile speech and from back-biting;
14. being aware of the gratitude owed to others;
15. being able to make return for the favours of others;
16. being generous and charitable;
17. having Moral Practice;
18. being fair and just;
19. not being given to anger;
20. having a sense of decency and a dread of evil;
21. having true belief;
22. being in a noble or worthy state of life;
23. being wise,
24. having discretion and judgement as to advantages and disadvantages of any situation or question.

Surapana

"The bad results of taking intoxicants":

The person who takes intoxicants is extremely likely, on his death, to reach one of four lower planes of existence, and after that, if he should

be reborn in the human world, he is liable to suffer from madness, or psychopathic complaints; or he may be deaf and without speech.