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Namo Tassa Bhagavato Arahato Sammasambuddhasa

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May You Be Well And Happy

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Panatipata Veramani

The following is taken from the article, "The Five Precepts - Panca Sila" by Maha Upasaka U Nu, published in "The Young Buddhist 1982", the annual journal of the Singapore Buddha-Yana Organisation (GDYO).

"The beneficial results of refraining from taking another being's life":

The Person who vigilantly and steadfastly observes the Precept of refraining from taking another being's life reaches the world of Devas on his death. When he expires in the world of Devas, and is reborn in the world of human beings, he is endowed with the following qualities:

- 1. having no physical defects or deformities;
- 2. being proportionate in physical stature and form;
- 3. being swift in movement;
- 4. having well-proportioned feet;
- 5. having a pleasant figure;
- 6. gentleness;
- 7. cleanliness;
- 8. courage;
- 9. strength;
- 10. ability to speak well and smoothly;
- 11. being the object of affection and regard by others;
- 12. having a united following;
- 13. not having a rough brutal body;
- 14. being free from harm at the hands of others;
- 15. not being subject to death by others' weapons;
- 16. having a large retinue;
- 17. having a beautiful golden complexion;
- 18. having a handsome appearance;
- 19. being free from disease and illness;
- 20. being free from anxiety and grief;
- 21. being able to associate with loved ones always; and
- 22. being long-lived.

<u>Panatipata</u>

"The bad results of taking another being's life":

The person who takes another being's life will be reborn in one of the four lower planes of existence on his death. If he should later be reborn in the human world, after suffering in those lower planes, he will have a short life, and may even die soon after birth.

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